

King Edwin Primary School

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'Growing and Changing' Relationships and Sex Education unit

Dear parents/ carers,

We hope this letter finds you well, as we draw closer to our 'Growing and Changing' PSHE unit which will be delivered next term, we feel it is essential to provide you with some information.

Promoting the health and well-being of our pupils is an important part of children's overall education. We do this through our Personal, Social and Health Education (PSHE) curriculum. This looks at many topics including physical and emotional health, all kinds of relationships and living in the wider world.

For the Summer 2 term, our school will be focusing on part of our SCARF PSHE scheme to deliver some of the relationships and sex education (RSE) aspect of our PSHE programme to Year 3 children. It became a legal requirement in September 2020 for relationships and sex education to be taught across the school, in an age- and developmentally appropriate way. The design of the programme has considered the requirements of the statutory guidance, up-to-date best practice guidance, and the needs of our children.



Your Year 3 child will be exploring 'Body Space' and 'My Changing Body'. During these lessons, correct vocabulary will be taught and shared with your child. Appropriate questions that arise from the children during the lessons will be answered honestly and factually. Each pupil's privacy will be respected and no one will be asked to reveal personal information.

All resources that will be used have been reviewed by the school for their suitability and have been tailored to suit our children's needs.

Furthermore, we recognise that parents and carers play a vital part in their child's RSE, and we encourage you to look at this parent's support page for further support and ideas.

<https://www.coramscarf.org.uk/rse-for-Y6-and-P7>

If after reading this letter you have any questions about the programme, please do not hesitate to contact the school.

Yours Sincerely,
Year 3 team.

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