



# Healthy Family Team Newsletter

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# Hi!

We just wanted to say a big hello and remind you about the services on offer locally to support families.

Nottinghamshire

## Parentline

**Text 07520 619919**

This is a text messaging service delivered by the Healthy Family Team for parents and carers.

Monday to Friday,  
from 9am to 4.30pm

IT'S OKAY  
to ASK  
for HELP

## Nottingham City Contact

This is for parents, carers and practitioners who want to speak to the Children's Health Advice Hub for advice or support.

**Call: 0300 300 0040**

## Doncaster Contact

This is for parents, carers and practitioners who want to speak to the Doncaster Health Visiting Team for advice or support.

**Call: 03000 218 997**

Nottinghamshire

## Advice Line

**Telephone**

**0300 123 5436**

This is for parents, carers and practitioners who want to speak to the Healthy Family Team for advice or support.

Monday to Friday, from 9am to 4.30pm



# SEND

The Healthy Family Team may be able to contribute to EHCP requests and annual reviews when actively working with your child/young person or where they have been involved within the last 12 months. Please inform your EHCP case worker or school Senco if input is required.

## SUPPORT

### Your Notts Directory

is the local offer for Nottinghamshire.

Visit: [www.yournottsdirectory.org.uk](http://www.yournottsdirectory.org.uk)



This website offers a fun, engaging and interactive way for children to learn about health. It links parents/carers and children to appropriate health and wellbeing services.

You can download articles into other languages at the click of a button on the new ReciteMe task bar.

To use, click the ReciteMe image at the bottom right of the screen.



The ReciteMe toolbar will open at the top of the screen.



[www.healthforkids.co.uk](http://www.healthforkids.co.uk)



# Speech and Language



Do you have any questions or concerns about your child's talking or communication?

We are happy to help, please call the advice line on:

## 0300 123 3387 OPTION 1



### LOCAL HELP

Find your local library:

Visit: [www.nottinghamshire.gov.uk/culture-leisure/libraries](http://www.nottinghamshire.gov.uk/culture-leisure/libraries)



Find your local Family Hub:

Call: 0300 500 80 80



Visit: <https://www.nottinghamshire.gov.uk/global-content/one-minute-guides/nottinghamshire-family-hubs>

### PARENT AND CARER GROUP

Do you want to make a difference to Children and Young People's Health Services?



Why not join our Parent and Carer Involvement Group?

We meet online, once a month. You do not have to attend every meeting, just the ones you can.



Visit: [www.nottinghamshirehealthcare.nhs.uk/iev-involvement-partner-opportunities](http://www.nottinghamshirehealthcare.nhs.uk/iev-involvement-partner-opportunities)

