

# walk notts festival

## Listen up Nottinghamshire!

May is National Walking Month, and we want to get Notts walking and wheeling.

So, to celebrate all things walking and wheeling - we're holding our second Walk Notts Festival.

**01-31 May 2026**

**Nottingham City:** All Areas

**Nottinghamshire:**

All Districts and Boroughs

*The festival is open to everyone!*

Can your organisation/group help us to promote walking and wheeling across Notts?

Are you already walking/wheeling in May?

Let us know so we can spread the word.

Could you add walking/wheeling to your activities or workplace?

Get in touch if you need support:

[info@walknotts.org.uk](mailto:info@walknotts.org.uk)

[www.walknotts.org.uk](http://www.walknotts.org.uk)

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## Ideas to get you Walking and Wheeling:

- Park or Town Trails
- Scavenger Hunts
- Buggy Walks
- Treasure Trails
- 'Walk to School' week  
(May 18th to 22nd)
- Step Challenges
- Map Reading
- Podcasting Walks
- Art Walks
- Nordic Walking
- Litterpicking

## Walking and Wheeling can:

- Connect you to your neighbours and local community
- Help you sleep better
- Be good for your mental health
- Give you more energy
- Make you feel good

Contact [info@walknotts.org.uk](mailto:info@walknotts.org.uk) for support and guidance to get your community walking and wheeling. Or check out the resources section on the website.

There is a small Enabling Fund to help activate walking and wheeling activities for the Walk Notts Festival in May. If you think you need to access this, please get in touch.

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