

# King Edwin Primary School

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Thursday 22nd January 2026

## Year 1 'Keeping Safe' and 'Growing and Changing' Relationships and Sex Education Units (PSHE)

Dear Parents and Carers,

We hope this letter finds you well. We wanted to inform you that this week we will be covering the lesson 'Good or bad touches' as part of the 'Keeping Safe' unit. During the Summer Term we will also be covering the 'Growing and Changing' PSHE unit which will be delivered by staff in school, we feel it is essential to provide you with some information.

Promoting the health and well-being of our pupils is an important part of children's overall education. We do this through our 'Personal, Social and Health and Economic' (PSHE) curriculum. This looks at many areas including physical and emotional health, all kinds of relationships, and living in the wider world.

These units are part of our SCARF PSHE scheme to deliver some of the Relationships and Sex Education (RSE) aspects of our PSHE programme to Year 1 children.

Your Year 1 child will be identifying the parts of the body that are private, the ways in which private parts can be kept private and understanding people they can talk to about their private parts. We will be using the correct biological names for the body parts we will be discussing, building on the PSHE lessons that were covered when the children were in Foundation.

We will also use resources from the NSPCC website <https://www.nspcc.org.uk/keeping-children-safe/support-for-parents/pants-underwear-rule/>

If further advice/support is required or you have any questions about the programme, please do not hesitate to speak to your child's class teacher to discuss these concerns.

Kind regards,

Year 1 team



National Association for Able Children in Education

