

King Edwin Primary School

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Monday 13th January 2025

Dear parents/carers,

We are celebrating Children's Mental Health Week starting Monday 3rd February and Place2Be has announced that this year's theme is 'Know Yourself, Grow Yourself.' Throughout the week, the children will participate in activities linked to this theme and on **Friday 7th February we would like all children to come to school wearing a SCARF.** Our PSHE scheme of work is SCARF Coram Life Education so we would love to see them wearing their scarf with pride!

Know Yourself, Grow Yourself, is about empowering children and young people across the UK to embrace self-awareness and explore what it means to them. We want children and young people to discover how getting to know who they are can help them build resilience, grow and develop.

Kind regards,

Miss Turner and Miss Farrow
(PSHE leaders)



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