




SUN SAFETY



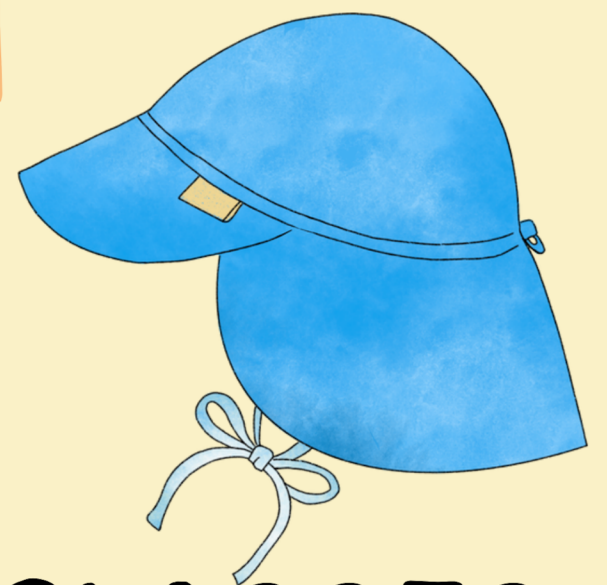
COVER UP

Wear clothing that covers your skin.



APPLY SUNSCREEN

SPF 30 or higher, 20 minutes before sun exposure. Reapply every 2 hours.



WEAR A HAT & SUNGLASSES

Broad-brimmed hats provide better protection.



SEEK SHADE

Reduce UV radiation by taking shelter under a tree, umbrella or another shady spot.

