

King Edwin Primary School



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Dear Parents and Carers,

The internet offers a boundless world of wonder and opportunity for our children. It expands their learning, connects them with friends, and opens doors to endless creativity. However, alongside these benefits, navigating the digital landscape also requires mindful guidance and open communication.

Therefore, we are excited to invite you to an informative meeting on 25th January at 3pm in the school hall focusing on Internet Safety and Mental Health for Primary School Children. This event is an opportunity for us to come together as a community to understand, discuss, and learn alongside each other about:

- Current trends and challenges in online safety for children. We will explore topics like cyberbullying, online predators, social media pressures, and responsible online behaviour.
- Strategies for fostering positive and safe digital habits at home. We will share practical tips and resources to guide your children's internet usage, encourage open communication, and create a supportive home environment.
- The impact of technology on children's mental well-being. We will discuss common anxieties and pressures associated with internet use, and explore ways to nurture your child's emotional resilience and positive self-image in the digital age.

Your presence and active participation are invaluable in creating a safe and healthy digital environment for all our children. We believe that through collaborative efforts, we can empower them to navigate the online world with confidence, critical thinking, and emotional well-being.

Sincerely,
Lynsey Glover
Lead Teaching assistant
King Edwin Primary School

