

# King Edwin Primary School

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Tuesday 05th September, 2023

## SWIMMING LESSONS YEAR 4

Dear Parents/Carers,

Swimming lessons for Year 4 start on Friday 15th September, 2023 and run up to February half term. Each class will swim for 17 weeks.

The sessions are led by qualified swimming instructors at Worksop Swimming Pool.

Learning to swim and being safe in the water is a fundamental part of the primary Physical Education curriculum. Lessons are compulsory and deemed an important life skill.

### Important instructions:

- The Worksop Pool will not allow children to swim wearing any jewellery, so it should be removed by parents before the sessions as School staff are not allowed to do so.
- Boys must wear trunks, not 'Bermuda' (below the knee) shorts.
- Girls must wear a one piece costume (not bikini styled).
- Long hair must be securely tied back in a plait or bun.
- Should your child need to wear swimming goggles please ensure that a goggles permission form is completed (attached), as without it your child won't be able to wear them at the pool.
- Nail varnish and tattoos are not permitted

**ALL** information can be found on our school website (under Year 4 Children).

Children will be transported from school at 10:10am and return around 12:30pm. Children will spend 45minutes in the pool.

*We do not mind the children arriving at school with their swimming costumes underneath their uniform. But please make sure children have a change of underwear in their bags with a towel.*

Thank you for your continued support and co-operation,

The Year 4 Team



# Nottinghamshire Schools' Swimming Service Goggles

5 September 2023

Dear Parent/Carer,

## WEARING OF GOGGLES/ GLASSES DURING SCHOOL SWIMMING

It is the recommendation of the Schools' Swimming Service that children who wish to wear goggles/ glasses during school swimming lessons can do so providing the parent/ carer signs the attached disclaimer and ensures the guidelines are followed.

- **THE AIM OF SCHOOL SWIMMING SERVICE IS TO TEACH CHILDREN WATER SAFETY.** If a child is in a dangerous situation in open water it is very unlikely that they will be wearing goggles, it is therefore necessary to practise without goggles during the course of the school swimming sessions.
- During the school swimming program **DIVING SHOULD BE UNDERTAKEN WITHOUT THE USE OF GOGGLES** however, as the pupils become competent in diving then practise with goggles may take place providing the tuition is undertaken by a fully qualified ASA / STA Level 2 Swimming Instructor.
- **GOGGLES CAN BE WORN AT GALA'S** providing the parents/ carers are confident that their son/ daughter have received adequate training from a qualified member of staff in the use of goggles during diving and have signed the attached disclaimer.
- Goggles however, are not considered a necessity for school swimming, but can be worn if the attached disclaimer is signed.
- The use of prescription goggles is acceptable providing an individual risk assessment is carried out by the School and the attached disclaimer is signed.



# Nottinghamshire Schools' Swimming Service Goggles

05th September, 2023

## PERMISSION SLIP

### WEARING OF GOGGLES / GLASSES DURING SCHOOL SWIMMING

Name of your child's school : King Edwin Primary School

For the parent/carer to sign:

I, the parent/ carer of \_\_\_\_\_ hereby confirm that I wish my son/ daughter to wear goggles / glasses (delete as appropriate) during school swimming lessons and at the schools' gala. I have read and understood the Schools' Swimming Services recommendation and have explained the advice to my son/ daughter. I will not undertake to pursue the council for any loss or damage to my child as a direct result of wearing goggles during the Schools' Swimming sessions.

Signed \_\_\_\_\_ Date \_\_\_\_\_

Please print name \_\_\_\_\_

Please complete and return a copy to the school prior to the swimming lessons.

Receipt of permission slip on the \_\_\_\_/\_\_\_\_/ 20\_\_\_\_ By the signed \_\_\_\_\_

