

# King Edwin Primary School

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Friday 3<sup>rd</sup> February 2023

Dear parent/carers,

Next week (6<sup>th</sup>-12<sup>th</sup> February) is Children's Mental Health Week and Place2Be announced that this year's theme is **Let's connect**. Throughout the week, the children will participate in activities linked to this theme and on **Friday 10<sup>th</sup> February we would like all children to come to school wearing a SCARF**. Our PSHE scheme of work is SCARF Coram Life Education so we would love to see them wearing their scarf with pride!

Human beings thrive in communities, and this connection is vital for our wellbeing, and our survival. When we have healthy connections - to family, friends and others - this can support our mental health and our sense of wellbeing. And when our need for rewarding social connections is not met, we can sometimes feel isolated and lonely - which can have a negative impact on our mental health. **Let's Connect** is about making meaningful connections for all, during Children's Mental Health Week - and beyond.

Kind regards,

Miss Roy  
(PSHE and Senior Mental Health Lead)



We're working towards Artsmark Awarded by Arts Council England

