

# King Edwin Primary School

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Dear Parents/Carers,

We are very pleased to inform you that during Year 5, the children will be taking part in 'Forest School' sessions. Our Forest School will be taking place every 3 weeks on Tuesday mornings. The next session will be on Tuesday 2<sup>nd</sup> November, then 23<sup>rd</sup> November and hopefully 14<sup>th</sup> December.

## What is Forest Schools?

Forest Schools is a fun, exciting way to learn in an outdoor setting such as a woodland. It is proven to improve children's confidence, self-esteem and communication skills, as well as giving them an opportunity to have lots of fun! The children also develop skills in team work, using tools safely and learning about looking after our woodlands.

## What will my child need?

Forest Schools will happen in all weathers (unless it is VERY windy or icy!), so please make sure your child brings suitable clothes for the weather. **They will need warm clothes including a jumper, pair of trousers, strong shoes such as boots or wellies, and a waterproof coat.** Wellies are good at keeping feet dry but not very good at keeping feet warm unless you have a few pairs of socks on. Lots of layers are more effective than a single thicker layer in terms of protecting from the cold. They WILL get dirty so please only send clothes that you don't mind getting dirty.

If you need any more information, please speak to your child's class teacher or Mrs Willis.

Kind regards,

Mrs Willis  
Forest School Leader in Training



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