King Edwin Primary School

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Sunday 6th December 2020

FOR PARENTS OF CLOSE CONTACTS OF COVID 19 at King Edwin Primary School Advice for Child to Self-Isolate for 14 Days

Dear parent or carer,

We have been made aware that we have a confirmed positive case of coronavirus (COVID-19) at our school in the Foundation 1 Unit only.

We have followed the national guidance and have identified that your child has <u>possibly</u> been in close contact with the affected child. In line with the national guidance your child must stay at home and self-isolate until **Saturday 19th December** (14 days after contact).

If your child is well at the end of the 14 days period of self-isolation, then they can return to usual activities.

Other members of your household **can continue normal activities** provided your child does not develop symptoms within the 14 day self-isolation period.

Please see the link to: Guidance for contacts of people with confirmed coronavirus (COVID-19) infection who do not live with the person

https://www.gov.uk/government/publications/guidance-for-contacts-of-people-with-possible-or-confirmedcoronavirus-covid-19-infection-who-do-not-live-with-the-person

What to do if your child develops symptoms of COVID 19

If your child develops symptoms of COVID-19, they should remain at home for at least 10 days from the date when their symptoms appeared. Anyone with symptoms will be eligible for testing and this can be arranged via https://www.nhs.uk/ask-for-a-coronavirus-test or by calling 119.

People who do not have symptoms should not request a test unless this has been specifically requested by Public Health England or the local authority.

All other household members who remain well must stay at home and not leave the house for 14 days. This includes anyone in your 'Support Bubble'. The 14-day period starts from the day when the first person in the house became ill.

Household members should not go to work, school or public areas and exercise should be taken within the home. If you require help with buying groceries, other shopping or picking up medication, or walking a dog, you should ask friends or family. Alternatively, you can order your shopping online and medication by phone or online.





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Household members staying at home for 14 days will greatly reduce the overall amount of infection the household could pass on to others in the community

If you are able can, move any vulnerable individuals (such as the elderly and those with underlying health conditions) out of your home, to stay with friends or family for the duration of the home isolation period

Please see the link to the PHE 'Stay at Home' Guidance:

<u>https://www.gov.uk/government/publications/covid-19-stay-at-home-guidance/stay-at-home-guidance-for-households-with-possible-coronavirus-covid-19-infection</u>

Symptoms of COVID 19

The most common symptoms of coronavirus (COVID-19) are recent onset of:

- new continuous cough and/or
- high temperature and/or
- a loss of, or change in, normal sense of taste or smell (anosmia)

For most people, coronavirus (COVID-19) will be a mild illness.

If your child does develop symptoms, you can seek advice from the nhs.uk website at https://www.nhs.uk/conditions/coronavirus-covid-19/check-if-you-have-coronavirus-symptoms/. If you are concerned about your child's symptoms, or they are worsening you can seek advice from NHS 111 at https://111.nhs.uk/ or by phoning 111.

How to stop COVID-19 spreading

There are things you can do to help reduce the risk of you and anyone you live with getting ill with COVID-19 Do

- wash your hands with soap and water often do this for at least 20 seconds
- use hand sanitiser gel if soap and water are not available
- wash your hands as soon as you get home
- cover your mouth and nose with a tissue or your sleeve (not your hands) when you cough or sneeze
- put used tissues in the bin immediately and wash your hands afterwards

Further Information

Further information is available at https://www.nhs.uk/conditions/coronavirus-covid-19/

Online arrangements for the next two weeks

The teachers only found out about this positive case late this evening and will be preparing for home learning provision in the morning. They have already begun setting up a timetable. They will be delivering sessions and aiming to provide as much support to parent's aas they possibly can. We really want our children to remain connected to school and feel that our online provision is a great way of helping children during this challenging time.

Registers will be taken daily and children are encouraged to attend sessions. If any parent requires support with technology, please do not hesitate to contact us. Any parents struggling with Wi-Fi or any other online learning issue, should contact school and we will do our best to support. Please email the teachers and/or help and support email.



Remember that during these unprecedented times, we are here for our community. You can contact us via helpandsupport@kingedwin.notts.sch.uk . We will try to signpost parents and help wherever possible. *All communication will remain confidential.

Please accept our sincere apologies for the late telephone contact tonight. We simply had to make sure that all parents were informed rather than people start their journey to school in the morning and children become upset when they are turned away.

If you have any further questions, please do not hesitate to get in touch.

Stay safe and take care everyone,

Mr Callaghan-Wetton



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MINSTER

SCHOOL ALLIANCE