

King Edwin Primary School

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'Stand Up Notts!'

Dear parents/carers,

'Stand Up Notts' is taking place on Friday 25th September, a physical activity programme organised by Active Notts and our School Games Organiser network. The aim of this programme is to get children across Nottinghamshire up and active in school, whilst also still focusing on those key, core subjects such as English and Mathematics.

Due to the current climate, lots of children haven't taken part in regular physical activity during the government lockdown and so we think it is very important to re-embed these physical, emotional and social skills in our children here at KEPS. Taking part in this programme will not only provide our children with the opportunity to increase their physical activity levels throughout the day, but also to provide them with a chance to get up and active in more mainstream lessons.

Research shows high levels of physical activity across the school day lead to healthier and more effective learners and we at KEPS want to provide unique opportunities for our children to learn in a fun, healthy and active environment whenever possible.

Each class throughout the school day will take part in a variety of fun activities, such as 'Stringy Maths', 'Stand up & Move it Speller' and 'Active Story Telling'. These sessions aim to get our children at KEPS up and active, whilst still having that element of learning fundamental, academic skills.

Our participation in 'Stand Up Notts' will be shared across our social media outlets and will be presented using the hashtag #SUN20, so parents can see what our children have been up to during the school day.

As a school that currently holds Sainsbury's School Games 'Gold' Status, we are always looking to improve sporting provision here at KEPS and your support in events such as this go a long way in helping us to achieve that for our children.

Thanks for your continued support.

Mr Lewis & Mr Unwin
PE Team



