

King Edwin Primary School



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PLEASE FOLLOW NHS & GOVT GUIDANCE

Dear Parents/Carers and children,

Check if you or your child has coronavirus symptoms

If you or a member of your household have **any** of the main symptoms of coronavirus (COVID-19), **get a test as soon as possible**. Stay at home until you get the result. Follow NHS Test and Trace instructions in the event of a positive result.

Main symptoms - Most people with coronavirus have at least 1 of these symptoms:

- **a high temperature** - you feel hot to touch on your chest or back (no need to measure your temperature)
- **a new, continuous cough** - this means coughing a lot for more than an hour, or 3 or more coughing episodes in 24 hours (if you usually have a cough, it may be worse than usual)
- **a loss or change to your sense of smell or taste** - this means you've noticed you cannot smell or taste anything, or things smell or taste different to normal

What to do if you have symptoms of coronavirus:

1. **Get a test to check** if you have coronavirus as soon as possible.
2. **Stay at home & don't have visitors** until you get your test result - only leave your home to have a test.
3. **Anyone you live with** must also stay at home until you get your result.

Get a test <https://www.nhs.uk/conditions/coronavirus-covid-19/testing-and-tracing/get-a-test-to-check-if-you-have-coronavirus/>

Urgent advice: Use the NHS 111 online coronavirus service <https://111.nhs.uk/covid-19/> if:

- you're worried about your symptoms
- you're not sure what to do

Call 111 if you cannot get help online. Do not go to places like a GP surgery, hospital or pharmacy.

Babies and children - Call 111 if you're worried about a baby or child under 5.

If your child seems **very unwell**, is getting worse or you think there's something **seriously wrong**, **call 999**. Do not delay getting help if you're worried. **Trust your instincts.**

Get more advice about **coronavirus in children**. <https://www.nhs.uk/conditions/coronavirus-covid-19/symptoms/coronavirus-in-children/>

Understandably, many parents are confused and it is a tricky time for everyone. School staff are no more medically trained than parents and they cannot make decisions for our parents. It is important that people continue to persist when trying to get a test and that parents monitor their children for COVID symptoms. Children will not be allowed to return to school if symptomatic unless a negative test is received.

We all want to keep the spread of the virus down and would like to keep our school open. This is only possible if all of our parents follow the guidance very carefully.

Kind regards,
Mr Callaghan-Wetton

